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EDWARDS-KNOX CENTRAL SCHOOL DISTRICT

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Cougar Pride: Inspiring a Community of Caring and Contributing Citizens

Important Information for Parents: When to Keep Your Child Home from School

Introduction

Many parents often wonder, "When is my child too sick to attend school?" This can be a challenging question to navigate. We hope these guidelines will assist you in making informed decisions.

Why It Matters

A child who is unwell may struggle to perform well in school and can easily spread illness to classmates and staff. It's essential to have a childcare plan in place should your child fall ill.

Please Keep Your Child Home If They Exhibit Any of the Following Symptoms:

- Fever greater than 100.4 taken by mouth
- Vomiting/and or diarrhea within the past 24 hours
- Severe sore throat along with fever and feeling ill for more than 48 hours, or after exposure to Strep throat infection. Strep Throat (*Must have been taking antibiotics for at least 24 hours before returning to school.*)
- Severe Cold Symptoms, such as a very runny nose or significant cough, especially if it disrupts sleep.
- Severe ear pain or fluid coming from the ear
- Severe headache, especially with fever
- Red and/or crusty eyes (pink eye) - Need to see a doctor & be on antibiotics for 24 hours
- Honey-crusted sores around the nose or mouth or rash on other body parts
- Head Lice-If your child has live lice, your child will need to be treated before returning to school. (*If you need assistance with lice treatment kits, please notify our School Nurse or Community Schools Coordinator*)

What Happens If Your Child Gets Sick at School?

If your child becomes ill while at school, and the teacher or school nurse believes they are too unwell to stay, we will contact you to pick them up.

Important Reminders:

- Ensure your child's teacher has an up-to-date phone number for you during the day.
- Provide an emergency contact number in case you cannot be reached.
- Plan arrangements for transporting your child home from school.
- Have a child care plan ready if your child requires it.
- Please inform your child's teacher immediately if your contact numbers change during the year.

Need Assistance?

If you have questions or need resources, please contact our Community Schools Coordinator, Jennifer Hotaling or School Nurse, Dezirae Preston

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- Edwards-Knox Central School District
 - Phone: (315) 562-8130, Jennifer Hotaling Ext. 25509 or Dezirae Preston Ext. 25518
 - Email: jhotaling@ekcsk12.org or dpreston@ekcsk12.org

Thank you for your cooperation in helping keep our school community healthy!

Erin E. Woods
Superintendent of Schools
Edwards-Knox Central School District