



FEBRUARY 2023

Edwards-Knox Central School

Menu Subject to Change
This Institution is an equal Opportunity
Provider and Employer

Monday



6

Chicken Parm Sandwich
Waffle Fries
Fruit & Milk
BKR: Breakfast Pastry

Tuesday



7

Tacos or Taco Salad
Corn
Black Bean & Cilantro Salsa
Fruit & Milk
BKR: Pancakes

Wednesday

1

Pizza Logs
Cucumber Slices
Fruit & Milk
BKR: Cinnamon Roll

Thursday

2

Loaded Potato Bowl (Popcorn
Chicken,
Mashed Potatoes, Cheddar Cheese)
Steamed Corn, Biscuit
Fruit & Milk
BKR: Breakfast Pizza

Friday

3

Buffalo Chicken Bake
Cheese Filled Breadstick Stick
Red Pepper Strips
Fruit & Milk
BKR: Egg & Sausage Sandwich

13

Stuffed Shells w/ Meat Sauce
Garlic Toast
Garden Salad
Fruit & Milk
BKR: BKR: Breakfast Pastry

14

Asian Chicken
Steamed Rice
Herb Roasted Broccoli
Fruit & Milk
BKR: Pancakes

15

Homemade Pizza
Spring Mix Garden Salad
Fruit & Milk
BKR: Cinnamon Roll

16

Roasted Turkey
Mashed Potatoes
Stuffing - Butternut Squash
Fruit & Milk
BKR: Breakfast Pizza

17

Quesadilla
Refried Beans
Red Pepper Strips
Fruit & Milk
BKR: Egg & Sausage Sandwich

20

Mid-Winter Break
No School

21

Mid-Winter Break
No School

22

Mid-Winter Break
No School

23

Mid-Winter Break
No School

24

Mid-Winter Break
No School

27

Sweet & Sour Meatball Bowl
Steamed Rice
Roasted Carrots
Fruit & Milk
BKR: Breakfast Pastry

28

Hot Dog or Hamburger on WW Roll
Baked Beans
Fruit & Milk
BKR: Pancakes



Monday's Alternates
PB & J Sandwich w/ Cheese Stick
Turkey Sandwich
Ham & Cheese Sandwich
Chicken Tenders w/ Garlic Breadstick

Tuesday's Alternates
PB & J Sandwich w/Cheese Stick*
Turkey Sandwich
Wrap of the Week
BBQ Pork Sandwich

Wednesday's Alternates
PB & J Sandwich w/Cheese Stick*
Chicken Salad Sandwich
Turkey or Ham & Cheese Sandwich
Chef Salad w/Garlic Breadstick

Thursday's Alternates
PB & J Sandwich w/Cheese Stick*
Turkey Sandwich
Tuna Sandwich
Chicken Burger on Roll

Friday's Alternates
PB & J Sandwich w/Cheese Stick*
Wrap of the Week
Ham & Cheese Sandwich
Baked Haddock Sandwich