



PAY FOR MEALS ONLINE
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MAY 2023

Edwards-Knox Central School

Menu Subject to Change
This Institution is an equal Opportunity Provider
and Employer

Monday

Tuesday

Wednesday

Thursday

Friday



1

Chicken Parm Sandwich
Waffle Fries
Fruit & Milk

BKR: Breakfast Pastry

2

Asian Chicken
Steamed Rice
Herb Roasted Broccoli
Fruit & Milk

BRK: Pancakes

3

Pizza Logs
Caesar Salad
Fruit & Milk

BKR: Cinnamon Roll

4

Pasta with Meat Sauce
Iceberg Garden Salad
Fruit & Milk

BKR: Breakfast Pizza

5

Sampler-3 Mozz Sticks, 3 Boneless
Wings
Cheese Filled Breadstick Stick
Three Bean Salad
Fruit & Milk

BKR: Egg & Sausage Sandwich

8

Pizza Dunkers
Three Bean Salad
Fruit & Milk

BKR: Breakfast Pastry

9

Tacos or Taco Salad
Corn
Black Bean & Cilantro Salsa
Fruit & Milk

BRK: Pancakes

10

Homemade Pizza
Spring Mix Garden Salad
Fruit & Milk

BKR: Cinnamon Roll

11

Roasted Turkey
Mashed Potatoes
Stuffing - Butternut Squash
Fruit & Milk

BKR: Breakfast Pizza

12

Quesadilla
Refried Beans
Red Pepper Strips
Fruit & Milk

BKR: Egg & Sausage Sandwich

15

Sweet & Sour Meatball Bowl
Steamed Rice
Roasted Carrots
Fruit & Milk

BKR: Breakfast Pastry

16

French Toast Sticks
Roasted Butternut Squash
Sausage
Fruit & Milk

BRK: Pancakes

17

Homemade Pizza
Broccoli Salad
Fruit & Milk

BKR: Cinnamon Roll

18

Grilled Cheese Sandwich
Tomato Soup
Steamed Corn
Fruit & Milk

BKR: Breakfast Pizza

19

Buffalo Chicken Bake
Cheese Filled Breadstick Stick
Cucumber Slices
Fruit & Milk

BKR: Egg & Sausage Sandwich

22

Ham & Cheese or Turkey Melt
French Fries
Steamed Broccoli
Fruit & Milk

BKR: Breakfast Pastry

23

Meatball Sub on WW
Peas & Carrots
Pasta Salad
Fruit & Milk

BRK: Pancakes

24

Homemade Pizza
Three Bean Salad
Fruit & Milk

BKR: Cinnamon Roll

25

Chicken & Biscuits
Mashed Potatoes
Roasted Baby Carrots
Fruit & Milk

BKR: Breakfast Pizza

26

Stuffed Shells w/ Meat Sauce
Garlic Toast
Garden Salad
Fruit & Milk

BKR: Egg & Sausage Sandwich

29

Memorial Day
No School

30

Hot Dog or Hamburger on WW Roll
Baked Beans
Fruit & Milk

BRK: Pancakes

31

Homemade Pizza
Cucumber Slices
Fruit & Milk

BKR: Cinnamon Roll



Monday's Alternates

PB & J Sandwich w/ Cheese Stick
Turkey Sandwich
Ham & Cheese Sandwich
Chicken Tenders w/ Garlic Breadstick

Tuesday's Alternates

PB & J Sandwich w/Cheese Stick*
Turkey Sandwich
Wrap of the Week
BBQ Pork Sandwich

Wednesday's Alternates

PB & J Sandwich w/Cheese Stick*
Chicken Salad Sandwich
Turkey or Ham & Cheese Sandwich
Chef Salad w/Garlic Breadstick

Thursday's Alternates

PB & J Sandwich w/Cheese Stick*
Turkey Sandwich
Tuna Salad Sandwich
Chicken Burger on Roll

Friday's Alternates

PB & J Sandwich w/Cheese Stick*
Wrap of the Week
Ham & Cheese Sandwich
Baked Haddock Sandwich